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PhD. from the University of Barcelona. She graduated in Trumpet from the Superior Municipal Conservatory of Music of Barcelona. Diploma of Advanced Studies (DEA) from the Polytechnic University of Valencia. Postgraduate Diploma in International Cultural Relations, from the University of Girona and the Organization of Ibero-American States. International Master in Communication and Education for the Autonomous University of Barcelona and, Master in New Communication and Information Technologies applied to Music Education from the same University. Certified and Bachelor at Dalcroze. She received a scholarship from the Academy of the Valencia Language in a project for the transcription of popular repertoire and Coordinator of the EMA project (Musical Education for Adults) supported by the Ministry of Education of the Generalitat Valenciana. It is worth highlighting her participation in different national and international congresses, as well as publishing different articles on music didactics and pedagogy, publishing books and giving training courses to teachers. Research award on Alzheimer's organized by the Jaume I University and the Azahar del Mediterráneo Residence. President of the SEM-EE (Society for Musical Education of the Spanish State). She is Director of the ARTSEDUCA Journal and Coordinates the Research Group of the Jaume I University Q-HEART. Director of the L'Alcora Chair for Musical Research and Quality of Life. Coordinator of "Learning Cities" of UNESCO in the Municipality of L'Alcora. Director of the Project "Music for Life" She has been invited to give lectures at different National and International Higher Conservatories and Universities. She has carried out research stays at the University of Barcelona, at the University of West London, at the University of Illinois (USA) at the University of Roehampton. She also coordinates the SPIE (Permanent Seminar on Educational Innovation). Harmonies of environments for ODS (Sustainable Development Goals) / Harmonies of environments for the ODS (Sustainable Development Goals) / Harmonies dels entorns per als ODS (Objectius of Sustainable Development). she cordinator of project "Music for life" (Quality of life and dementia prevention from active music education). She currently exercises her teaching work as a professor and researcher at the Jaume I University, where she teaches the Subject of Didactics of Musical Expression and collaborates in the Secondary Master of the same University.